

# Expect more here.



We're more than your traditional doctor's office—and we're working hard to expand our individualized impact on all our patients' health:



## Virtual Visits

Out-of-town or unable to come into the office? See your doctor no matter where you are by scheduling a telehealth appointment.



## Personalized Pharmacy Care

Stellus Rx can help make your life easier with individually packaged medication doses delivered directly to your door.



## Comprehensive Care Team

Struggling to keep up with your health? Catalyst's care team works directly with your doctor to help you manage all of your appointments, medications, questions and follow-up care.



Is this a medical emergency?  
Please call 911 or go to your local emergency room immediately.



# You are known here.



Your primary care physician (PCP) provides personalized care that can improve your health and save you money. On average, patients who see their PCP on a regular basis live longer and spend less on care.

**Have you had your checkup yet? We can help you watch for:**



Cancer



Diabetes



High blood pressure



High cholesterol



Weight Management



Overall Physical Wellness

Take control of your health and avoid the costly trip to the emergency room. Talk to your doctor about setting up your annual checkup today.



**Catalyst**  
HEALTH NETWORK

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# More than just cold and flu.



## Your health journey can be complex.

Choosing the right place for care doesn't have to be. Trust your primary care physician for more than the seasonal cold and flu, aches and pains, bumps and bruises.

## Your primary care physician can help you with:



Diabetes



High blood pressure



Asthma



Skin irritation and rash



Back and joint pain



Minor bone fractures or sprains



Allergies



Upset stomach



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# Save here.

## Don't overpay for your care.

In every stage of your health journey, your primary care provider can help you receive the trusted and convenient care you need with the lowest out-of-pocket costs.



**\$25**

Was the average copay for a visit to your primary care physician.



**\$150**

Was the average cost of an urgent care visit.



**\$2,318**

Was the average cost of an emergency room visit in Texas for 2020.



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